

SCJAAF Weight and Age Chart

Any player weighing 5% or more over the maximum CERTIFICATION weight for a Division at time of official physical examination will be assigned to the next higher Division

DIVISION:	JR MICRO		MICRO		JR PEE WEE		PEE WEE		MIDGET	
AGE AS OF 07-31-2017:	7	8	8 & 9	10	9,10,11	12	10,11,12	13	11,12,13	14
5% MAX WEIGHT ON PHYSICAL TO PRACTICE:	105	95	116	100	137	121	158	142	Unlimited	Unlimited
MAX WEIGHT ON CERTIFICATION DAY:	100	90	110	95	130	115	150	135	Unlimited	Unlimited

Certified weights are without helmet and shoulder pads.

To scrimmage, players cannot weigh more than 5 pounds of the maximum weight on Certification Day.